

**Old Dominion University
Norfolk, VA
DENTAL HYGIENE PROGRAM**

CANDIDATED INFORMATION FOR THE CITA ADMINISTERED ADEX HYGIENE EXAMINATION

Updated: 2/16/18

PLEASE READ!

The intent of the information contained within this document is to assist the candidate with taking the Council of Interstate Testing Agencies (CITA) administered ADEX dental hygiene licensure examination. Questions related to the information in this document or to the facilities and policies of Old Dominion University Dental Hygiene Program may be directed to the Director of Clinical Affairs for Dental Hygiene, Chawntile D. Rasheed, MS, RDH at (737) 683-5230 or cdixie@odu.edu. **Candidates should read this entire document before calling ODU with questions since it contains all pertinent information.**

EXAM DATE

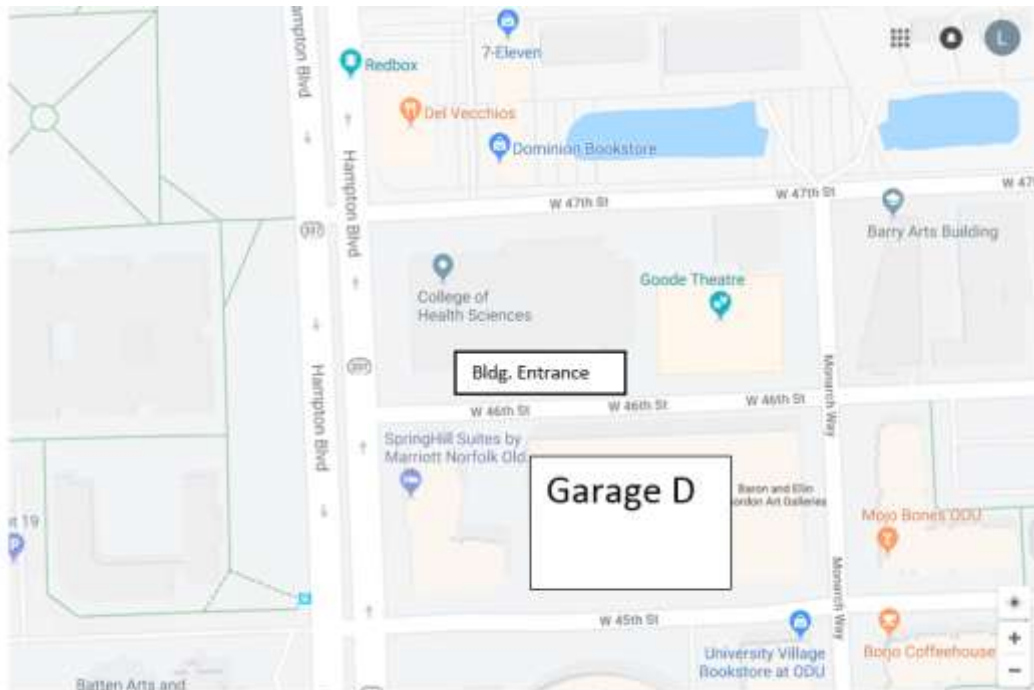
SATURDAY, MAY 19, 2018

FACILITY FEE

The 2018 ODU facility fee will be \$135 for ODU students and \$250 for non-ODU students.

PARKING

Candidates can park in Garage D beside the Health Sciences Building. Address is: 4608 Hampton Boulevard Norfolk, VA 23529 <https://www.odu.edu/about/visitors/campus-map>



CAVITRON USE AND INSTRUMENT STERILIZATION

All candidates will be required to furnish their own instruments, prophylaxis handpieces, and ultrasonic scalers. Cavitron units and prophylaxis handpieces may be reserved at the facility for a fee. Non-ODU students' costs are \$50 for a Prophylaxis handpiece and \$100 for a Cavitron unit. Arrangements must be made at least one week before the date of the exam. Contact Lauren Arlaud to reserve equipment (larlaud@odu.edu or 757-683-5240).

All instruments for the patient based examination must be sterilized prior to coming to the exam. ODU DOES NOT OFFER STERILIZATION OF INSTRUMENTS TO NON-ODU STUDENTS. Please do not call the CITA office regarding ultrasonic use and/or sterilization.

We ask all candidates to bring their own safety glasses as well as safety glasses for patient use.

SCREENING PATIENTS AND RADIOGRAPHS

All screening and preparatory treatment of patients must be completed prior to examination at the candidate's own facility.

Local anesthesia is allowed at this exam site. See manual for guidelines and required documentation. ODU will supply syringes and anesthesia. Oraqix will not be supplied by the facility to students taking the exam. DENTAL UNITS

Dental units at ODU Dental Hygiene Program are equipped with ADEC traditional units that have two-hole connectors for slow-speed handpieces. ODU has traditional view boxes for hard copy x-rays. X-rays should be printed or film based.

SUPPLIES AVAILABLE

Dental Floss
2X2 gauze
Prophylaxis Paste
Prophylaxis Angle Cup
Prophylaxis Angle Brush

Paper gowns
Mask
Gloves Patient
Napkins
Saliva ejectors/suction tips
Local Anesthesia supplies (No Oraqix)

INFECTION CONTROL POLICIES AND PROCEDURES TO BE FOLLOWED DURING THE EXAM

PREPARATION AND DISINFECTING OF TREATMENT AREAS

All cubicles will have ultrasonics set up prior to exam by clinic technician. Candidates do not have to connect ultrasonics.

- A. Clean-up and aseptic preparation of treatment area is required according to the protocol outlined below, immediately following each patient encounter. Adherence to these procedures will insure that all treatment areas will be left in an aseptic and sanitary condition and that minimal preparation of the treatment area will be required before seating a new patient.
- B. Use plastic covers for the bracket tray, dental chair, and accessory arm. These covers provide the most effective protection from chemicals and microbes. Items so covered do not require surface disinfection after patient treatment unless the integrity of the cover has been compromised.
- C. Preparation of treatment areas shall be performed in accordance with the following sequence of activities.
 1. Each treatment area shall be stocked with the following items:
 - a. paper towels
 - b. liquid hand soap
 - c. disinfectant wipes
 - d. plastic covers for bracket tables, dental chairs, and accessory arm; paper bracket tray covers
 - e. plastic covers for lamp handles; sticky barriers for light switch
 2. Upon entering the treatment area, place the rheostat on the floor, place full water bottle on unit, turn on the main switch and lower the dental chair. Remove all jewelry from hands, except watches and store in a safe place.
 3. Wash hands with soap, lather and rinse. Use a paper towel to avoid direct contact with the faucet handles.
 4. Test air/water syringe and suction to ensure unit activates. Flush all water lines for 2 minutes.
 5. Set out sealed instrument bag and supplies for the entire treatment procedure on the covered bracket table and counter top as necessary. Place disposable napkin on bracket tray.
 6. Seat the patient. Patient use of an antiseptic mouthwash is recommended prior to treatment for reduction in patient oral bacterial count.

7. Put on mask and eye covering. Wash hands, put on disposable treatment gloves. Open sealed instrument bag without contaminating instruments.
- D. Clean-up and disinfecting of the treatment area shall be performed according to the following sequence of activities after dismissing the patient for final grading: [Do not disinfect surfaces and items covered with plastic wrap unless the plastic cover was compromised during treatment.]
1. Wash hands with hand soap. Rinse, dry, and put on heavy duty nitrile gloves **(you must provide your own)**. Place disposable items from the bracket table into the inverted plastic covering the dental chair and discard.
 2. Discard any sharps items including Oraqix dispensing cannula into puncture-resistant container located in cabinet under sink at each treatment area.
 3. Any instruments belonging to ODU must be returned to the dispensary.
 4. Use a disinfectant wipe(one in each hand) to pre-clean and disinfect accordingly:
 - A. Mouthwash bottles, water faucet spigot, entire countertop around the sink, opening for trash receptacle
 - B. Countertops, sides and fronts including drawer/cabinet pulls
 - C. Miscellaneous items that may be used including, but not limited to: hand mirror, pencils/pens, pen cup, clipboard, patient bib clips, patient glasses, plastic chart holder, any items to be touched with contaminated hands
 - D. Handpiece and air/water syringes and cords
 - E. Evacuation couplers and holder and half the hose
 - F. Stool adjustment levers
 - G. Any item where a barrier has been used but the item has been contaminated anyway
 5. Remove gloves. Wash hands with soap, rinse, and dry with paper towel.
 6. Raise the patient chair to the highest position possible and place rheostat on a paper towel in the chair.

TREATMENT OF INSTRUMENTS

- A. Only sterile instruments and handpieces may be used in patient treatment.
- B. Rinse instruments in the treatment area and remove excess gross accumulation of debris. Instruments may be removed from the facility in a clear garbage bag supplied by ODU or whatever the candidate brought them in.

OTHER FACILITY RULES

In order to ensure a smooth-running examination, it is essential that you strictly adhere to the following rules, procedures and guidelines:

ACCESS TO FACILITY

You will be allowed to enter ODU Dental Hygiene facility after 6:15 a.m. Orientation will be on the second floor in room 2110. Upon completion of the exam, candidates must exit the building.

STORAGE OF INSTRUMENTS AND SUPPLIES

You are reminded that the facility will not hold instruments, equipment, supplies and personal belongings at the school, either overnight OR during the day. The school does not have space available for storage. If you leave items at the school during the examination period, you do so at your own risk!

SMOKING, FOOD AND BEVERAGES

Smoking is not permitted on the ODU campus. For reasons of health and sanitation, food and beverages are not permitted in patient reception area or in the clinical care areas at any time. Please ensure that your patients and assistants are informed of these rules.